

APPETIZER EGG ROLL CHICKEN VEG



A frozen, 3 oz. chicken and vegetables filled egg roll. Product has a light tan to golden brown wrapper color and mild flavor.

Product Last Saved Date: 17 September 2018

Nutrition Facts

60 Servings per container	
Serving Size	1 Piece(s)
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 5 g	8%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 15 mg	5%
Sodium 530 mg	22%
Total Carbohydrate 18 g	6%
Dietary Fiber 2 g	8%
Total Sugars 2 g	
Includes g	Added Sugars %
Protein 6 g	
Vitamin D mg	%
Calcium mg	4%
Iron mg	4%
Potassium mg	%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
56109		30076366561098	60 X 3 ONZ	

Brand	Brand Owner	GPC Description
GOLDEN TIGER	Ajinomoto Foods North America Inc.	Sandwiches/Filled Rolls/Wraps (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.88 LBR	11.25 LBR	USA	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.375 INH	9.375 INH	8.875 INH	0.74 FTQ	12x 7	365	-10 FAH / 15 FAH

Ingredients :

INGREDIENTS: Cabbage, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken, Water, Carrots, Celery, Onions, Enriched Durum Flour (Wheat Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Soy Sauce (Water, Soya Bean, Salt, Wheat Flour), Contains Less Than 2% of: Seasoning Blend (Chicken Base [Cooked Chicken (Including Broth)], Chicken Fat, Sugar, Salt, Yeast Extract, Maltodextrin [From Corn], Dried Whey, Natural Chicken Flavoring), Garlic Powder, Spice), Textured Vegetable Protein (Soy Flour, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin), Vital Wheat Gluten, Dried Whole Eggs, Spice, Salt, Sugar, Sesame Seed Oil, Cottonseed Oil. CONTAINS: WHEAT, SOY, MILK, EGG.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - C	Milk - C	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Store Product for no longer than 365 days after production at a temperature between -10 and 15 degrees

Benefits :

This is a ready to eat product (RTE). Easy to Prepare. Deep-fry or bake. . .

Serving Suggestions :

Serve as an Appetizer (cut on the diagonal) with a dipping sauce; Serve as a hand-held snack; or Serve as a side item to an Asian Entree.

Prep & Cooking Suggestions :

Preparation Type: Heating Instructions Deep Fryer Instructions: Deep-Fry at 350°F. Frozen: 7 - 8 minutes, approximately. Thawed: 5 - 6 minutes. Microwave Instructions: Set microwave on high. Place frozen egg rolls on a microwave-safe dish. Allow 60 seconds per egg roll and 55 seconds for each additional egg roll. Conventional Oven Instructions: Preheat oven to 375°F. Place frozen egg rolls on a baking sheet. Turning once during baking. Conventional: 18 - 20 minutes. Convection: 14 - 16 minutes. Preparation Notes: Heating time may vary with equipment.

More Information :

WEBSITE: www.windsorfoods.com 1-800-548-6363