

APPETIZER POT STICKER VEGETABL



Product is 1 oz half-moon (crescent) shaped, frozen, fully cooked dumpling with a flat bottom and is stuffed with vegetables filling. The wrapper has a light yellowish cream color appearance.

Product Last Saved Date: 26 September 2018

Nutrition Facts

23 Servings per container	
Serving Size	5 Piece(s)
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 3 g	5%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 570 mg	24%
Total Carbohydrate 40 g	13%
Dietary Fiber 3 g	12%
Total Sugars 3 g	
Includes g	Added Sugars %
Protein 6 g	
Vitamin D mg	%
Calcium mg	2%
Iron mg	15%
Potassium mg	%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
56228		30076366562286	120 X 1 ONZ	

Brand	Brand Owner	GPC Description
GOLDEN TIGER	Ajinomoto Foods North America Inc.	Sandwiches/Filled Rolls/Wraps (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9 LBR	7.5 LBR	USA	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.0125 INH	9.875 INH	5.688 INH	0.52 FTQ	12x 7	365	-10 FAH / 15 FAH

Ingredients :

Ingredients: Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Cabbage, Celery, Carrots, Water Chestnut, Green Beans, Bamboo Shoot, Onion, Contains Less Than 2% Of: Rice Flour, Seasoning Blend (Dextrose, Dehydrated Soy Sauce [Soy Sauce (Wheat, Soybeans, Salt), Maltodextrin, Salt], Modified Corn Starch, Garlic Powder, Spice, Natural Flavor Enhancer [Autolyzed Yeast Extract, Natural Flavor], Dried Shiitake Mushroom Powder, Disodium Inosinate, Disodium Guanylate, Soybean Oil), Vermicelli (Green Mung Beans, Water), Salt, Soybean Oil, Rice (Precooked Parboiled), Sugar, Natural Flavor (Contains Torula Yeast), Modified Corn Starch, Sesame Seed Oil, Shiitake Mushrooms (Water, Shiitake Mushrooms), Dried Portabella Mushroom Powder, Soy Sauce (Water, Soybeans, Salt, and Wheat Flour), Garlic, Spice. Contains: Wheat, Soy.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - N	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Store Product for no longer than 365 days after production at a temperature between -10 and 15 degrees

Benefits :

This is a ready to eat product (RTE). Vegan; Versatile with multiple menu applications from soups and salads to appetizers and entrees. Authentic Taste. Potstickers can be steamed, fried, pan-fried or microwaved.

Serving Suggestions :

Serve as an appetizer with a dipping sauce or as a side item to an Entree or Asian Salad

Prep & Cooking Suggestions :

Preparation Type: Heating Instructions Microwave Instructions: (1250 watts): Place frozen Potstickers on a microwave-safe dish with 2 tablespoons of water and cover with plastic wrap. Allow 40 seconds per Potsticker. Preparation Notes: Heating time may vary with equipment. Stovetop Skillet Instructions: Preheat Fryer to 350°F. Fry Semi-thawed Potstickers for 3 - 4 minutes. Stovetop Boiling Instructions: Cook from Frozen Potstickers in boiling water for 4 - 5 minutes. Stovetop Skillet Instructions: Pan-Fry Method: Place 2 tsp. Vegetable oil in a medium hot pan (preferably Teflon coated). Place frozen Potstickers in pan, bottom side down. When bottom is golden brown, add 1/2 cup of water. Cover and steam for 3 minutes. Steam Table Oven Instructions: From frozen: 7 - 8 minutes.

More Information :

WEBSITE: www.windsorfoods.com 1-800-548-6363