

# APPETIZER POT STICKER PORK MIN



PORK POTSTICKER

Product Last Saved Date: 26 September 2018

## Nutrition Facts

39 Servings per container	
<b>Serving Size</b>	<b>5 Piece(s)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>190</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 6 g	<b>9%</b>
Saturated Fat 1.5 g	<b>8%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 20 mg	<b>7%</b>
<b>Sodium</b> 400 mg	<b>17%</b>
<b>Total Carbohydrate</b> 24 g	<b>8%</b>
Dietary Fiber 1 g	<b>4%</b>
Total Sugars 2 g	
Includes g	Added Sugars %
<b>Protein</b> 10 g	
Vitamin D mg	%
Calcium mg	0%
Iron mg	8%
Potassium mg	%

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
54008		30076366540086	200 X .7 ONZ	

Brand	Brand Owner	GPC Description
GOLDEN TIGER	Ajinomoto Foods North America Inc.	Sandwiches/Filled Rolls/Wraps (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.75 LBR	8.75 LBR	USA	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.75 INH	8.75 INH	7.25 INH	0.43 FTQ	15x 5	365	-10 FAH / 15 FAH

### Ingredients :

INGREDIENTS: Pork, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Cabbage, Soy Sauce (Water, Soybeans, Salt, and Wheat Flour), Contains Less Than 2% Of: Modified Corn Starch, Green Onion, Salt, Garlic, Rice Flour, Spices, Sugar, Sesame Seed Oil, Soybean Oil, Sodium Phosphate. CONTAINS: WHEAT, SOY.

### Allergens (C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info')

Eggs - N	Milk - N	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

### Handling Suggestions :

Store Product for no longer than 365 days after production at a temperature between -10 and 15 degrees

### Benefits :

This is a ready to eat product (RTE). Versatile with multiple menu applications from soups and salads to appetizers and entrees. Authentic Taste. Potstickers can be steamed, fried, pan-fried or microwaved... .

### Serving Suggestions :

Serve as an appetizer with a dipping sauce or as a side item to an Entree or Asian Salad

### Prep & Cooking Suggestions :

Preparation Type: Heating Instructions Deep Fryer Instructions: Preheat fryer to 350°F. Fry semi-thawed Potstickers for 3 – 4 minutes, frozen 4 – 5 minutes. Microwave Instructions: Place frozen Potstickers on a microwave-safe dish with 2 tablespoons of water and cover with plastic wrap. Allow 40 seconds per Potsticker. Stovetop Skillet Instructions: Pan-Fry Method: Place 2 tbsp. vegetable oil in a medium hot pan (preferably Teflon coated). Place frozen Potstickers in pan, bottom side down. When bottom is golden brown, add 1/3 cup of water. over and steam for 3 minutes. Kitchen Steamer Instructions: Steam cook frozen Potstickers for 7 – 8 minutes.

### More Information :

WEBSITE: [www.windsorfoods.com](http://www.windsorfoods.com) 1-800-548-6363