



YOGURT BRAND DANNON PLAIN NON FAT



YGRT BR DAN PLAIN NF 251

Product Last Saved Date:13 November 2017

Nutrition Facts

Serving Size: 225 GRM

Number of Servings per 24

Amount Per Serving

Calories: 120 Calories from Fat: 0

% Daily Value*

Total Fat 0 g 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 10 mg 3%

Sodium 150 mg 6%

Total Carbohydrate 18 g 6%

Dietary Fiber 0 g 0%

Sugars 15 g

Protein 10 g

	Per Srv		Per Srv
Vitamin A	0%	Vitamin C	0%

Calcium	40%	Iron	0%
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*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protein	4
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Product Specifications:

Code	GTIN	Pack	Pack Description
251	20036632002512	6 X 32 ONZ	

Brand	Brand Owner	GPC Description
DANNON	The Dannon Company, Inc.	Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.8 LBR	12 LBR	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.88 INH	9.56 INH	5.5 INH	0.4429 FTQ	13x12	23 Days	38 FAH / 45 FAH

Ingredients :

CULTURED GRADE A NONFAT MILK, FOOD STARCH. CONTAINS ACTIVE YOGURT CULTURES INCLUDING L. ACIDOPHILUS.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

This product is a quart plastic container that has both a foil seal for freshness and a resealable plastic lid. Each container is marked with an individual UPC code that can be scanned. This product must be stored in refrigeration. Product should be stored in an upright position.

Benefits :

Made from milk with 0% milkfat. Bulk yogurt used in various applications, including: parfait, smoothie, dips, soup, or other recipes as an alternate to sour cream or mayo (plain). Plain yogurt used in recipes get flavor from other ingredients

Serving Suggestions :

This product can be consumed on it's own, or as a part of a healthy meal or snack.

Prep & Cooking Suggestions :

This product can be portioned from the container and served in various methods. It can be consumed without any additional cooking for use in such recipes as parfaits, smoothies or dips. It can be used in recipes for soups, salad dressings, prepared salads, or any other alternatives to sour cream or mayonnaise. In these recipes it may require additional cooking/preparation.

More Information :

WEBSITE: Dannons website is www.dannonfoodservice.com.