



Par fried flour flauta, with crispy tortilla and cheesy chicken and sauce filling with green chili peppers.

Product Last Saved Date:06 October 2017

Nutrition Facts

21 Servings per container
Serving Size 2 Piece(s)

Amount Per Serving
Calories 420

% Daily Value*
Total Fat 22 g **34%**
 Saturated Fat 6 g **30%**
 Trans Fat 0 g

Cholesterol 40 mg **13%**
Sodium 870 mg **36%**

Total Carbohydrate 38 g **13%**
 Dietary Fiber 1 g **4%**
 Total Sugars 0 g
 Includes g Added Sugars **%**

Protein 15 g
 Vitamin D mg %
 Calcium mg 15%
 Iron mg 15%
 Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Pack Description
4157965	30073202415799	42 X 2.75 ONZ	

Brand	Brand Owner	GPC Description
Posada	Ajinomoto Windsor, Inc.	Sandwiches/Filled Rolls/Wraps (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.55 LBR	7.22 LBR	USA	No	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.75 INH	8.625 INH	5.875 INH	0.34 FTQ	17x7	365 Days	-10 FAH / 15 FAH

Ingredients :

Ingredients: Water, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cooked Chicken Meat (Chicken Meat, Water, Modified Food Starch, Salt, Sodium Phosphate), Pasteurized Process American Cheese (Cultured Milk, Water, Cream, Sodium Phosphates, Salt, Sorbic Acid [Preservative], Artificial Color, Enzymes), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto [For Color]), Contains Less than 2% of: Jalapeno Peppers (Jalapenos, Vinegar, Salt), Seasoning Blend (Onion Powder, Spices, Garlic Powder, Salt), Chicken Base (Chicken Meat Including Natural Chicken Juices, Natural Sea Salt, Chicken Fat, Vegetable Extract [Potato, Carrot, Onion], Yeast Extract, Natural Flavors, and Turmeric), Modified Food Starch, Methylcellulose, L-Cysteine Monohydrochloride, Sodium Stearoyl Lactylate, Salt, Soybean Oil, Prefried in Vegetable Oil. CONTAINS: WHEAT, MILK

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

Handling Suggestions :

Benefits :

This is a ready to eat product (RTE). Traditional favorite. Fully cooked for ease of preparation. Made from scratch taste.. Please Also check out our AjiWin Foodservice Tools site here--> www.ajinomotowindsortools.com and our AjiWin Prep School Training Videos here--> <https://www.youtube.com/channel/UCShyQaOoe3ov1Qei-oSrcMg>.

Serving Suggestions :

Great as an snack, appetizer or main dish. Additional preparation suggestions can be found on the AjiWin Virtual Cookbook Youtube page here --> <https://www.youtube.com/channel/UCL2t-2Gs6oPVBbac6CW44xg>

Prep & Cooking Suggestions :

Preparation Type: Heating Instructions Deep Fryer Instructions: Deep Fry: 4-4 1/2 minutes with hot oil at 350 F from frozen Microwave Instructions: Microwave: Wrap 2 flautas in a paper towel and heat on highest setting for 2 1/2 min from frozen Conventional Oven Instructions: Conventional Oven: Heat 10-12 min at 375 F from frozen Convection Oven Instructions: Convection Oven: Heat 9-11 min at 350 F from frozen Preparation Notes: CAUTION: PRODUCT WILL BE HOT!

Additional Images :

